

Greek and Latin Roots and Affixes

Dance Activities

www.teachertwists.com

dynam=power (In small groups, create an interesting group shape. Figure out a way to explode out of your shape in the largest, most powerful explosion you can create. Everyone make your shape, vibrate and gather all the energy you can; now, explode as big as you can!)

micro=small (Teach students a short, eight-count sequence using average amounts of space. For example: step, step, kick, punch, pivot turn, and balance. They have thirty seconds to figure out how they can perform the sequence as small as possible. Can they use different body parts? Levels?)

macro=large (Do in conjunction with micro, and allow students to choose changing the sequence to large or small movements).

cycl=circular (Magic Circle: Quickly spread out in the room, find a spot, and freeze. Take a look around the gym. You know where everything in this room is, right? I will count to twenty. By the time I count to twenty, you need to be inside of this circle on the floor. You may move any way you want as long as you do not run. Raise your hand if you think you can do that. Now, everyone close your eyes. Do not open them again until I ask you to. Be frozen in a round shape inside of the circle by the time I reach twenty. If I see you open your eyes, you will have to sit down right where you are. Do not move quickly so that you do not hurt anyone else. Ready? Go.)

tri=three (Create 3 shapes. Shape #1 will have three body parts touching the ground, #2 has three sharp angles, #3 has three straight body parts. Quiz students on memory of shapes by calling out shapes and requiring them to freeze quickly.)

re=again (Divide into four lines. Demonstrate a short movement sequence for the first person in line to see, while all others face the back. When I say go, the first person will tap the next person on the shoulder. They will turn

around and watch the movement sequence once. Then the second person will tap the third person on the shoulder. The third person will watch as the second person does the movement sequence. Continue down the line to the end. The last people in line will simultaneously show what they think the sequence is. Repeat with the line in a different order.)

sub=under (Make a partner shape with one person under the other. Switch roles.)

sum=highest (Everyone line up on the black line. When I say go, run and leap as high as you can over this black line, then line up on the far black line. I am looking to see who can jump the highest. Repeat with: turning while jumping, having bent legs while in the air, etc.)

homo=same (Mirroring: Everyone mirror my movements. Gradually split the class into smaller groups each mirroring a student leader.)

hetero=different (Level boogie: Everyone in the class will be constantly moving while the music plays. When the music stops, do not let me catch you with your head on the same level as one of your classmates. If I catch you, you will sit down on the black line. Play until you have a handful of students who are the "Level Boogie Champions".)

phone=sound (Rhythm clapping exercise: Everyone stand on the medium yellow circle. I clap a rhythm, you clap it back. Repeat with several rhythmic variations. Now, I clap a rhythm, you make that rhythm with your body without clapping your hands together. Use stomps, slaps, snaps, etc. Repeat several times. Now, you make your own four count rhythm using your body doing something other than clapping.)

scope=see (#1's either walk, run, jump, skip, or roll through the space. #2's find someone in the room to watch. Do the movements they are doing, but do not follow them around the room; find your own pathway. Don't let the #1 know that you are copying them. You can switch who you are following at any time.)

tele=distance (Partner mirroring: Quickly find a partner and stand back to back. Now face your partner. Decide who will be the leader and who will be the follower. Mirror with your partner standing as close together as possible. Now go to opposite sides of the gym from each other. Switch leaders and mirror from a far distance.)

dynam

power

micro

small

macro

large

cycl

circular

tri

three

re

again

sub

under

sum

highest

homo

same

hetero

different

phone

sound

scope

see

tele

distance